

River City Racquet Club is proud to present the:

## ***September Idaho Classic Tournament***

September 19th, 20th, 21st

Traditional rules

Traditional scoring

Traditional Levels

“Let’s play the old fashion way”

### **RCRC Tennis Teaching Professionals**

#### **Bill Gray**

USPTA for 20 years,  
USRSA Certified Tennis  
Stringer



#### **Jennifer Swing**

Over 10 years Teaching  
experience in Alaska,  
Salt Lake City, and  
Idaho. Played for BSU



#### **Joe Writer**

USPTR for 7 years  
Experience. Played for  
College of Idaho



## **River City Racquet Club Junior Registration Form**

Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

Parent Contact \_\_\_\_\_ Phone \_\_\_\_\_

**Tennis: Please Circle Class and Session the child will be attending** Session 1 Session 2.

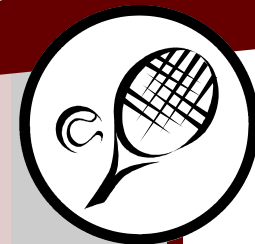
Flight 1 Flight 2, A Flight 3, B C T-Shirt Size YS, YM, YL, Tennis Cost \$ \_\_\_\_\_

Pee Wee Thursday or Saturday Adult S, M, L

River City  
Racquet Club

Tennis and Swimming

***Adult and Youth  
Summer  
Programs***



2008 Summer

## Adult Tennis Programs

Starts June 16th through August 15th

**Each week we will specialize on a certain shot, stroke, strategy concept.**

Week 1~ Forehand, Weapon

Week 2~ Backhand, Consistently

Week 3~ Approach, Deep, Attacking

Week 4~ Volleys, deep & angle, closing the net

Week 5~ Lob and Overhead, Angles, Put away

Week 6~ Serve, placement, Spin, Serve & Volley

Week 7~ Doubles Strategy

Week 8~ Singles Strategy

Week 9~ Drop Shot

Week 10~ Putting it all together: Tournaments, League Play, Socials

### Clinics/Workouts

Beginner Class~ Monday 6:00– 7:30pm

3.5 Clinic~ Tuesday 6:00-7:30pm

4.0 Clinic~ Wednesday 6:00-7:30pm

Exertennis~ Saturdays 8:30-10:00am

All Levels, Main emphasis is on drills that will get you moving by hitting a lot of balls and having fun. Be ready to move! Some weeks to music!!

### All Clinics/Workouts cost:

Members \$15 Non-Members \$20

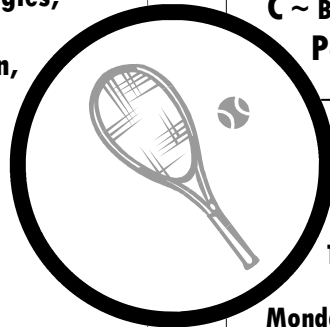
Must make reservations to attend and pay for first 4 clinics.

### Socials (more info TBA)

May 24, Saturday "Adult/Child Carnival Tennis"

June 28th, Saturday "Grand Slam Tennis"

July 19th, Saturday "Margarita Mixer"



## Youth Tennis Programs

2 Sessions (4 weeks each)

June 16-July 11

July 14-August 14 (no class 7/28-8/2)

**Flight 1** ~ High School Varsity (Invitation Only)

**Flight 2** ~ JV Intermediate 13-18 year old

**Flight 3** ~ Beginners 13-18 year old

**A** ~ Advanced 12-8 year old

**B** ~ Intermediate 12-8 year old

**C** ~ Beginner 7-12 year old

**Pee Wees** ~ 5-7 year olds (Thursday only)  
3-5 year olds (Saturday only)

Monday, Wednesday, Thursday  
9:00-10:30am Flight 1

Tuesday & Thursday  
10:30-12:00 Flight 2, A's

Monday & Wednesday  
10:30-12:00 Flight 3, B's

Monday & Wednesday  
11:30-12:30pm C's

Thursday  
12:00-1:00pm Pee Wee's (Ages 5-7)  
Saturday  
10:00-10:45am Pee Wee's (Ages 3-5)

Tuesday  
1:00-2:15pm Ladder/Match Play for Flight 1

Wednesday  
1:00-2:15pm Ladder/Match Play for Flight 2,3 & A's

Thursday  
1:00-2:00pm Rallyball for B's & C's

Match Play and T-shirts are included in price

Mem~ Flight 1 \$200

Mem~ Flight 2, 3, A's & B's \$140

Mem~ C's \$100

Pee Wee's Mem \$50 (includes T-shirt and Racquet)

## Youth Tennis Programs Cont...

We are excited to be part of USTA

### Junior Team Tennis

this year. A team is comprised of six (3 boys & 3 girls) or eight (4 boys & 4 girls) players. There will be a total of five matches played per team match: 1) boys singles, 2) girls singles, 3) boys doubles, 4) girls doubles, and 5) mixed doubles. After playing "FUN" matches in June, there will be an area Championship "Tournament" July 11th– 13th. Sign up NOW in the front office.

## Swimming Information

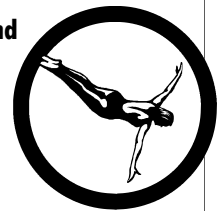
Pool opens June 1st Closes September

Open Swim Starts at 11:30am Monday-Friday  
Open Swim starts at 10:00am Saturday-Sunday  
~Pool Closes at 8:00pm every night~

Price for Family Pool Membership Only  
3 months \$100  
Month by month \$40  
Daily Rate \$5/person \$3/child 12 and under

Junior Membership ~ 18 years and younger (14 years)  
\$20/month includes:  
Tennis, Pool, Fitness

Swimming Lessons ~TBA~



## River City Racquet Club

63 South Midland Blvd.

Nampa, ID 83651

Club Phone: 208-466-2284

